

# The Junior's Preschool Program

The Junior's Preschool Program is for students' ages 3 to 4 years old with activities centered around arts and crafts, music, drama, stories, finger plays, games and free play. The program is held on Tuesdays and Thursdays from 9am-12noon. The Junior's program consists of 15 students, one certified lead teacher, and a teacher's aide. The daily activities are developmentally appropriate and promote the individual child's physical, intellectual, emotional and social well-being and growth as well as challenging the child's interest and understanding. We have a play-oriented approach in which free play is child-initiated, child-directed and teacher-supported by providing a variety of activities, free choice of groups or solitary, and opportunities to practice skills. All interactions are designed to build self-esteem and positive feelings. **Children must be potty trained.**

## **Class Schedule**

9:00-9:30	Arrival- Table Activities and Free Play
9:30-9:50	Circle Time
9:50-10:35	Craft and Learning Centers
10:35-10:45	Clean Up and Wash Hands
10:45-11:05	Snacks (see snack sheet)
11:05-11:15	Music and Movement
11:15-11:45	Playground or Gym
11:45-12:00	Closing and Pack Up

**Please note the schedule is subject to change.**



## Preschool Curriculum Juniors (3-4 years)

Our curriculum is teacher-created and incorporates the standards set by the state of Virginia. Students are exposed to a variety of topics and activities throughout the year. These are just a few of the things covered in our classroom:

- Letter and number recognition
- Shapes
- Mixing colors
- Opposite words
- Counting up to 20
- Magnets
- Seasons
- Writing our names
- Animal Needs
- Community Helpers
- Dinosaurs
- Planting Seeds
- Insects

The Junior class also focuses on improving students' social skills and independence. This year serves as an introduction to school where children can make friends, gain confidence in their abilities, and lay the foundation for future learning.

